

I. Introduction

A. Overview of PPO

1. Requirements
2. Job duties
3. Liabilities
4. Responsibilities
5. Interactions with principal

II. Options in Personal Protection

- A. Escape/Evade
- B. Submission/Passive Resistance
- C. Active Resistance

III. Preplanning

A. Routes and alternatives

1. Contacting city for
 - (1) Construction problems
 - (2) Normal traffic flow at time of transportation
2. Possible ambush areas
3. Clearing of possible bomb/IED placements

4. Location of hospital or medical aid

IV. Vehicle

- A. Types used
- B. Mechanical condition
- C. Need for armor, special tires, suspension, bulletproof glass, etc.

V. Local Law Enforcement Authorities

- A. Advanced notice of entourage
- B. Possibility of use as added protection
- C. Finding future liaison

VI. Principal's Profile

A. Personal history

1. Age
2. Place of birth
3. Education
4. Religion
5. Net worth
6. Credit
7. Business
8. Lifestyle
9. Daily activities
10. Automobile
11. Affairs
12. Enemies
13. Friends
14. Notoriety
15. Past history of attacks or attempted attacks
16. Etc.

B. Family history

1. Wife
 - (1) Same as principal
2. Dependents
 - (1) Same as principal
 - (2) Schools attending
 - (3) Transportation to and from
 - (4) Friends
 - (5) After school activities

VII. Hotels

1. Blueprints
 2. Escape routes
 3. Placement and securing of principal's room
 4. Placement of PPO's room/s for quick response
 5. Knowledge of fire escapes, stairwells, elevators, rear and side exits for emergency or clan descent escapes
 6. Employees
 7. Background check
 8. Schedule
- B. Notification of management
- C. Possible aid from hotel security
- D. Route in Hotel
1. Sealing or locking of doors of route
 2. Movement of table, plants, waste receptacles for possibility of attacker or bomb
 3. Emergency extraction points
- E. First aid availability
- F. Lobby seating
- G. Layout of meeting room
- H. Placement of PPO's
- I. Formation need

VIII. Offices

- A. Same as hotel

IX. Travel

- A. Airports
1. Flight schedules and possible alternatives
 2. PPO that is traveling with armed or not
 3. Notification to airport police and/or security
 4. Route
 - (1) Baggage claim area, garages, etc., as in movement from hotel or meeting place
 5. Commercial vs. private

B. Rail

1. Same as airport
2. Checking of other cars

C. Rental Car

1. All checks done before principal's arrival
2. Mechanical
3. Bomb determination
4. Listening devices
5. GPS transmitters

D. Team

1. Determining number of officers needed
2. Length of shifts
3. Picking out team leader
4. Weaponry
5. Attire
6. Formations to be used
7. Signals
8. Need of wireless communication
9. Driver
10. Placement of officers in buildings

E. Variations of formations

1. Single PPO
2. Multiple officers

F. Embussing and debussing procedures

1. Timing of officers
2. Placement of officers
3. Professional look
4. Driver's role
5. Placement of principal's vehicle
6. Placement of additional cars
7. Formations
8. Advising of principal of scenarios and what actions to take

X. Practical exercises using different officers as team captain

XI. Perimeters

A. Type

1. Outer
 - (1) Technical aids
 - (2) Barriers
 - (3) Personnel
 - (4) Team
 - (5) Local Law Enforcement

B. Middle

1. Same as Outer

C. Inner

1. Technical aids
2. Barriers
3. Team only

XII. Awareness Skills Training

A. DVD

B. In school set ups

C. Outside set ups

XIII. Defensive Tactics

A. Use of Force Continuum

B. Strikes

1. Hand

- (1) Palm
- (2) Variations of punching

2. Elbows

- (1) Vertical
- (2) Horizontal
- (3) Reverse

3. Knees

- (1) Vertical
- (2) 45

4. Kicks

- (1) Front
- (2) Side
- (3) Rear
- (4) Instep shin
- (5) Toe

C. Blocks

1. Hard
2. Parries
3. Slaps

D. Pressure points

1. 12 major
2. Use

- (1) Pain compliance
- (2) Muscle dysfunction
- (3) Camera friendly non-harmful movement of obstructing people

- E. Tactics for removing person from different positions alongside principal during uncompromising handshakes (camera friendly)
- F. Tactics for opening crowds and defenses from them to protect and escort principal to objective
- G. Weapon disarms
 - 1. Front
 - 2. Back
 - 3. Side
- H. Weapon Retention
 - 1. Front
 - 2. Back
- I. Edged weapon defenses
 - 1. Downward stab
 - 2. Thrust
 - 3. Slash
 - 4. To back
 - 5. To front
- J. Club Defenses
 - 1. Downward
 - 2. Side swing
 - 3. Thrust
- K. Strike Defenses
 - 1. Punch
 - 2. Kick
- L. Multiple attacker Defense Strategies
- M. Grab defenses
 - 1. Headlocks
 - 2. Chokes
 - (1) Front
 - (2) Rear
 - 3. Bear hugs
 - (1) Front
 - (2) Rear Hammerlocks
 - 4. Defenses from Pushes
- N. Throws and Counters
- O. Controls
- P. Escorts
- Q. Use of augmenting weapon
 - 1. Pressure point assistance
 - 2. Escorts
 - 3. Strikes
- R. Practical Exercises

XIV. Firearms training

- A. Advantages or disadvantages of types and models
 - 1. Revolver
 - 2. Semi Automatic
 - 3. Shotgun
- B. Fundamentals
 - 1. Safety
 - 2. Grip, Sighting Stance
 - 3. Use of barriers
 - 4. Movement
- C. Common Malfunctions and Clearing
- D. Dry Firing
 - 1. Paper
 - 2. Pencil
- E. Movement
- F. Shoulder holster vs. waist
- G. Drawing
- H. Cleaning and maintenance
- I. Live fire practice

XV. Field trips to restaurants, hotels, office buildings for practical exercises

XVI. Student plan for guarding a principal from home to airport to hotel to restaurant to meeting place to hotel to airport and back home using a determined number of officers at high threat level.

XVII. Written test